

Tables

Converting Units of Measurement

1cm = 10mm

100cm = 1m

1000mm = 1m

1000m = 1km

(50mm = 5cm) (0.5km = 500m) (8mm = 0.8cm) etc.

1000g = 1kg

1000ml = 1l

(0.7kg = 700g) (0.25l = 250ml) (3000ml = 3l) etc.

60 sec = 1 min

60 min = 1 hour

(3 hours = 180 mins) (3.5 mins = 210 sec) etc.

24 hours = 1 day

7 days = 1 week

14 days = a fortnight

(3 weeks = 21 days) (2 days = 48 hours) etc.